

Week 1	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	10-Nov	11-Nov	12-Nov	13-Nov	14-Nov	15-Nov	16-Nov
LUNCH							
SOUP	BRUNCH	Vegetable	Italian Wedding	Lentil	Chicken Noodle	Corn Chowder	Tomato
ENTRÉE 1	Seafood Alfredo Casserole	Cube Steak w/ Gravy	Chicken Caprese Casserole	Pulled Chicken Sliders	Egg & Olive on Whole Wheat	Fried Fish	Pot Roast
ENTRÉE 2	Ham and Swiss Quiche	Spinach and Feta Turkey Burgers	Roasted Tilapia	Cheeseburger Sliders	BLT Wrap	Peach BBQ Chicken Thighs	Tuna Melt
STARCH	Southern Potato Wedge	French Fries	Sweet Potato Fries	Zucchini Fries	Potato Wedges	Fries	Tater Tots
FRUIT/VEG	Roasted Brussels Sprouts	Cucumber/ Tomato Salad	Broccoli	Corn	Steamed Carrots	Coleslaw	Mashed Cauliflower
DESSERT	Strawberry Cheese Blintzes	Chocolate Cake	Fruited Jello	Coffee Ice Cream	Eclairs	Assorted Cream Pie	Fruit of the Forest Pie
DINNER							
SOUP		Vegetable	Italian Wedding	Lentil	Chicken Noodle	Corn Chowder	Tomato
ENTRÉE 1	Soft Tacos Salsa & Sour Cream	Beef Tips	Beef Lasagna	Chicken Cutlet	Meat Loaf	Baked Mac & Cheese	Chicken and Biscuits
ENTRÉE 2	Grilled Cheese	Turkey Stroganoff	Stuffed Pepper	Lemon Butter Tilapia	Pork Tender w/ Mushroom Cream Sauce	Fried Shrimp	Penne Marinara
STARCH	Yellow Rice	Egg Noodles	Garlic Bread	Rice Pilaf	Mashed Potato/Gravy	Hush Puppies	Biscuit
VEGGIE 1	Pico De Gallo	Mixed Vegetables	Garlic Green Beans	Sauteed Greens	Peas	Stewed Tomato	Wax beans
DESSERT	Brownies	Rainbow Sherbert	Strawberry Rhubarb Pie	Boston Cream Pie	Fruit Yogurt Parfait	Cheesecake	Jello Cake