

Week 4	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	3-Nov	4-Nov	5-Nov	6-Nov	7-Nov	8-Nov	9-Nov
LUNCH							
SOUP	BRUNCH	Sausage Potato Kale Soup	Stuffed Pepper Soup	Vegetable Soup	Bean and Keilbasa Soup	Seafood Bisque	Tomato Soup
ENTRÉE 1	Hamsteak	Homemade Chili	Chicken Cordon Bleu	BBQ Chicken	Shaved Steak Sandwich	Gnocchi W/ Vodka Sauce	Liver with Bacon and Onion
ENTRÉE 2	Fried Eggs w/ Corned Beef Hash	Lemon Pepper Salmon	Beef and squash stew	Beef Fajitas	Grilled Mahi Mahi	Popcorn Shrimp with Cocktail Sauce	Broccoli Cheddar Quiche
STARCH	Breakfast Potatoes	Cornbread	Sweet potato mashed	Mexican Rice	Rice Pilaf	Tater Tots	Fingerling Potato
FRUIT/ VEG	Hubbard Squash	Asparagus	Steamed Carrots	Creamed Corn	Bahama Blend	Mixed Vegetables	Corn
DESSERT	Apple Turnover	Chocolate cake	Fruited Jello	Coffee Ice Cream	Eclairs	Assorted Cream pie	Red Velvet Bistro
DINNER							
SOUP		Sausage Potato Kale Soup	Stuffed Pepper Soup	Vegetable Soup	Bean and Keilbasa Soup	Seafood Bisque	Tomato Soup
ENTRÉE 1	Chicken cutlet sandwich	Chicken Marsala	Ham & Scalloped Potato	Sausage Parm	Stuffed Cabbage Cassarole	Shake and Bake Pork Chops	Chili Cheese Dogs
ENTRÉE 2	Turkey Wraps	Beef Stroganoff	Shepherds Pie	Baked Ziti	Chicken and Dumpling	Baked Salmon	Roasted Chicken Thighs
STARCH	Curly Fries	Egg Noodles	no starch	Garlic Bread	No Starch	Cheesy Chive Potato	Potato Salad
VEGGIE 1	Carrots	Peas	Green Beans	Broccoli	Mediterranean Blend	Peas & Carrots	Beets
DESSERT	Brownies	RainBow Sherbert	Strawberry Rhubarb Pie	Boston Cream Pie	Mixed Berry Yogurt Parfait	Cheesecake	Jello Cake