

Week 2	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	15-Dec	16-Dec	17-Dec	18-Dec	19-Dec	20-Dec	21-Dec
LUNCH							
SOUP	BRUNCH	Pasta Fagiola	Broccoli Cheddar	Vegetable & Beef	Cream of Potato & Bacon	New England Clam	Tomato
ENTRÉE 1	Roasted Turkey & Gravy	Patty Melt w/ Grilled Onions	Open Faced Turkey Sandwich/Gravy	Sloppy Jane (Turkey)	Irish Lamb Stew	Tuna Noodle Casserole	Chicken Tenders
ENTRÉE 2	Blueberry Pancakes	Turkey Meatloaf	Taco Bowl Served w/ Salsa & Sour Cream	Manicotti	Teriyaki Chicken Thighs	Beef Tenderloin	Homemade Chili
STARCH	Mashed Potato	Mashed Potatoes	French Fries	Sweet Potato Fries	Baked Potato	Au Gratin Potato	Cornbread
FRUIT/VEG	Green Bean Casserole	Asparagus	Corn	Honey Roasted Carrots	Sauteed Spinach	Seared Kale	Broccoli Coleslaw
DESSERT	Strawberry Cheese Blintzes	Chocolate Cake	Fruited Jello	Coffee Ice Cream	Eclairs	Assorted Cream Pie	Fruit of the Forest Pie
DINNER							
SOUP		Pasta Fagiola	Broccoli Cheddar	Vegetable & Beef	Cream of Potato & Bacon	New England Clam	Tomato
ENTRÉE 1	Cheese Pizza	Stuffed Sweet Potato	Chicken & Dumplings	Garlic Balsamic Pork Roast	Sweet & Sour Chicken	London Broil	Meatloaf
ENTRÉE 2	Boneless BBQ Wings	Stuffed Shells with Sausage Coins	Swedish Meatballs	Battered Haddock	Mango Salsa Salmon	Crab Mac & Cheese	Baked Ravioi
STARCH	Potato Wedges	No Starch	Egg Noodles	Au Gratin Potatoes	Wild Rice	Risotto	Mashed/Gravy
VEGGIE 1	Baby Carrots	Chuckwagon Blend	Peas/Carrot Blend	Cheesy Broccoli	Butternut Squash	Asparagus	Cream Corn
DESSERT	Brownies	Rainbow Sherbert	Strawberry Rhubarb Pie	Boston Cream Pie	Fruit Yogurt Parfait	Cheesecake	Jello Cake

LONGVIEW RECREATION SCHEDULE

December 15 – December 21, 2024

All Longview Assisted Living Residents are required to sign out and in when leaving the Longview grounds. If a Resident does not comply with this requirement, their residency at Longview may be at risk. Residents' sign out sheets are available outside the Med Room on the 4th Floor and at each nurse's station in the Garden.

Sunday – December 15th

10:30 **ROMAN CATHOLIC COMMUNION** – Interfaith Chapel, 3rd Floor

2:30 **WORSHIP SERVICE w/ Rev. Brooke Newell – Auditorium, 3rd Floor**



Monday – December 16th

9:00 **OPEN FITNESS** with Whitney – Exercise Room, 2nd Floor

9:00 **MONDAY MORNING MOVEMENT** with Vera – Garden Level, Front Lobby

9:15 **TRIVIA** with Netta – 4th Floor, Fireplace Lounge

9:30 **COFFEE & CONVERSATION** A social time for residents to visit with each other – Craft Room, 3rd Floor

10:00 **EXERCISE** with Vera – Auditorium, 3rd Floor

10:30 **TRIVIA with Netta – Garden Level, East Wing**

10:30 **LONGVIEW STORE** open until 11:30 a.m. – 3rd Floor

10:45 **CROSSWORDS** with Vera – 4th Floor, Fireplace Lounge

11:00 **TRAVEL & EXPLORE** with Rick Steves (video travelogue) – Auditorium, 3rd Floor

1:30 **HOW TO WRITE YOUR OBITUARY – Auditorium, 3rd Floor**

1:30 **MOVEMENT & MUSIC** with Whitney – Rehab Room, Garden Level

2:00 **YOGA** with Lisa – IC Classroom, 2nd Floor

2:15 **CARD GAMES** with Maria – 4th Floor, Fireplace Lounge

3:15 **BINGO with Netta & Maria – Garden Level, East Wing**

3:15 **TECH SUPPORT** with Whitney – Craft Room, 3rd Floor ***Note Time**

4:00 **GAME CLUB INFORMATION SESSION, All Are Welcome! – Craft Room, 3rd Floor**

6:00 **MONDAY NIGHT MOVIE** – Garden Level, East Wing

6:30 **WINTER SOLSTICE BELLY DANCING PERFORMANCE – Auditorium, 3rd Floor**



Tuesday – December 17th

9:00 **OPEN FITNESS** with Lorraine – Exercise Room, 2nd Floor

9:00 **NAILS** with Vera – 4th Floor, Fireplace Lounge

9:30 **COFFEE & CONVERSATION** with Pamela & Netta – Craft Room, 3rd Floor

10:00 **EXERCISE with Netta – Auditorium, 3rd Floor**

10:15 **TRIVIA** with Whitney – Garden Level, East Wing

10:15 **OPEN ART STUDIO WITH JULIA**, Create art with other residents! All welcome! – Craft Room, 3rd Floor

10:30 **LONGVIEW STORE** open until 11:30 a.m. – 3rd Floor

10:45 **BOWLING** with Pamela & Netta – Auditorium, 3rd Floor

10:45 **CRAFTS** with Vera & Lorraine – Garden Level, West Wing

1:15 **BINGO** with Soni & Netta – 4th Floor, Fireplace Lounge

1:15 **KEN BURNS DOCUMENTARY: Leonardo DaVinci, Part 4 (Final Episode) – Auditorium, 3rd Floor**

1:30 **MOVEMENT & MUSIC** with Whitney – Garden Level, Rehab Room

2:15 **SHORT STORIES** with Lorraine – Front Lobby, Garden Level

2:30 **COMMUNITY CAFÉ**, All Are Welcome! – Dining Room, 3rd Floor

2:30 **MUSIC THERAPY with Amanda – 4th Floor, Fireplace Lounge**



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Tuesday – December 17th Continued

- 3:15 **TAI CHI** with Laurie – Auditorium, 3rd Floor
- 3:30 **WOULD YOU RATHER** with Netta – Garden Level, East Wing
- 3:45 **WHEEL OF FORTUNE** with Whitney – 4th Floor, Fireplace Lounge
- 6:15 **CHRISTMAS FAVORITES, Musical Performance by Classic Generations** – Auditorium, 3rd Floor

LONGVIEW SHOPPER SIX or less items from Wegmans, drop list & money off in Business Office Mailbox

*Orders need to be in by **TUESDAY evening** and will be delivered **WEDNESDAY afternoon!**

Wednesday – December 18th

- 9:00 **MORNING MOVEMENT** with Vera – Garden Level, Front Lobby
- 9:00 **OPEN FITNESS** with Netta – Exercise Room, 2nd Floor
- 9:15 **SPORTS HIGHLIGHTS: Videos & Discussion with Lorraine** – 4th Floor, Fireplace Lounge
- 9:30 **COFFEE & CONVERSATION** A social time for residents to visit with each other – Craft Room, 3rd Floor
- 10:00 **EXERCISE** with Vera – Auditorium, 3rd Floor
- 10:00 **CREATIVE COLORING with Netta** – Garden Level, West Wing
- 10:30 **BIBLE STUDY: Advent Study** with Brooke – Interfaith Chapel, 3rd Floor
- 10:45 **FAMOUS FACES** with Lorraine – 4th Floor, Fireplace Lounge
- 10:45 **ORNAMENT MAKING! All Are Welcome!** – Garden Level, East Wing
- 1:30 **DOCUMENTARY: Queen Cleopatra Mini-Series, “What Must Be Done”** – 4th Floor, Fireplace Lounge
- 1:30 **MUSIC & MOVEMENT** with Netta – Garden Level, Rehab Room
- 2:15 **TRIP TO WEGMANS – Sign up in Craft Room, Meet in Entrance**
- 2:30 **FRIENDLY VISITING** with Lorraine – Front Lobby, Garden Level
- 2:45 **UNO** with Netta – 4th Floor, Fireplace Lounge
- 3:00 **PRAYING THE ROSARY** – Interfaith Chapel, 3rd Floor
- 3:00 **GIFT WRAPPING, Recreation Staff Available to Help Wrap Gifts** – Craft Room, 3rd Floor
- 3:30 **PUN INTENDED GAME** with Emma – 4th Floor, Fireplace Lounge
- 3:45 **WATERCOLOR** with Lorraine – Garden Level, West Wing
- 3:45 **HYMN SING** with Brooke – Auditorium, 3rd Floor
- 6:15 **HOLIDAY LIGHTS COUNTRY RIDE, Sign up in Craft Room, Meet in Entrance**
- 7:30 **OPEN AA MEETING**, All are welcome including AL-ANON members – Interfaith Chapel, 3rd Floor

Thursday – December 19th

- 9:00 **OPEN FITNESS** with Whitney – Exercise Room, 2nd Floor
- 9:00 **NAILS** with Vera & Netta – Garden Level, East Wing
- 9:30 **COFFEE & CONVERSATION** with Pamela & Lorraine – Craft Room, 3rd Floor
- 10:00 **EXERCISE** with Lorraine – Auditorium, 3rd Floor
- 10:30 **LONGVIEW STORE** open until 11:30 a.m. – 3rd Floor
- 10:45 **WHO AM I?** with Vera – Garden Level, East Wing
- 10:45 **CLAY CLASS** with Ed & Whitney – Craft Room, 3rd Floor
- 12:45 **MUSIC with Ben Hogben** – Garden Level, Front Lobby
- 1:15 **SPIRITUAL LIFE Video, Great Courses Series on “Genesis”** – Interfaith Chapel, 3rd Floor
- 1:15 **BEAN BAG TOSS** with Netta & Vera – Garden Level, East Wing

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Thursday – December 19th Continued

- 1:30 **MUSIC with Ben Hogben** – 3rd Floor, Front Lobby
- 2:00 **MOVIE MATINEE: A Biltmore Christmas (2023)** – Garden Level, East Wing
- 2:00 **PLAY IT AGAIN: Senior Acting Troupe, “Relatives”** – Auditorium 3rd, Floor
- 3:15 **JEOPARDY** with Whitney – 4th Floor, Fireplace Lounge
- 3:15 **PLANT TALK with John** – Craft Room, 3rd Floor *Note Time
- 3:45 **DRAMA CLUB, Acting with Netta** – Garden Level, Front Lobby
- 6:15 **LONGVIEW SOCIAL CLUB** – Craft Room, 3rd Floor
- 6:30 **THURSDAY MOVIE NIGHT** – 4th Floor, Fireplace Lounge

Friday – December 20th Winter Begins

- 9:00 **OPEN FITNESS** with Pamela – Exercise Room, 2nd Floor
- 9:00 **OPEN SWIM** with Whitney – Pool, 2nd Floor
- 9:00 **MORNING MOVEMENT** with Netta – Garden Level, Front Lobby
- 10:00 **EXERCISE** with Netta – Auditorium, 3rd Floor
- 10:30 **LONGVIEW STORE** open until 11:30 a.m. – 3rd Floor
- 10:30 **POKENO** with Pamela – 4th Floor, Fireplace Lounge
- 11:00 **WRITING, READING, & DISCUSSIONS** with Jerry – Garden Level, Rehab Room
- 1:30 **MOVEMENT & MUSIC** with Whitney – Garden Level, Rehab Room
- 1:30 **DEMENTIA CONVERSATIONS: Doctor Visits, Driving, and Legal & Financial Concerns** – Auditorium
- 2:00 **QUILTING GROUP**, All are welcome! – IC Classroom, 2nd Floor
- 2:00 **FOOD COMMITTEE MEETING** – Board Room, 2nd Floor
- 2:00 **WHO AM I?** with Netta – 4th Floor, Fireplace Lounge
- 2:30 **ANIMAL TALK** with John – Craft Room, 3rd Floor
- 3:15 **UGLY SWEATHER & KARAOKE HOLIDAY PARTY** – Auditorium, 3rd Floor
- *** **NO GARDEN & ANIMAL TALK IN GARDEN LEVEL TODAY**
- 6:15 **PODCAST & DISCUSSION GROUP** with Emma – Craft Room, 3rd Floor

Saturday – December 21st

- 10:00 **CORNELL COMPANIONS PET THERAPY VISITS** – Garden Level, East Wing
- 10:30 **LONGVIEW DISCUSSION GROUP** – Craft Room, 3rd Floor
- 10:45 **TRIVIA** with Lorraine – 4th Floor, Fireplace Lounge *Note Time & Location
- 1:00 **MOVEMENT & MUSIC** with Lorraine – Garden Level, Rehab Room
- 2:00 **MUSICAL PERFORMANCE by Kylie Brown, A Little Bit of Everything** – Auditorium, 3rd Floor

Longview is encouraging all Residents to wear facemasks when they are feeling ill or have cold/flu like symptoms when they leave their living unit and move about the common spaces at Longview.

Questions/concerns regarding Recreation programs, contact Bree Nash in the Recreation Department at 607-375-6335.

BEAUTY SALON

Please call Shaunna directly to schedule appointments at (607) 279-7543