

Week 3	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	16-Feb	17-Feb	18-Feb	19-Feb	20-Feb	21-Feb	22-Feb

LUNCH

SOUP	BRUNCH	Beef Barley	Split Pea and Ham	Wisconsin Cheddar	Zupa Toscana	Manhattan Clam Chowder	Tomato Soup
ENTRÉE 1	Mint Jelly Lamb Lolly Pops	Goulash	Butternut Squash Ravioli with Sage Butter Sauce	Garlic Parmed Chicken Breast	Meatballs	Crab Cake	Chicken Pot Pie
ENTRÉE 2	Sausage Gravy	Chicken Cordon Bleu	Sirloin Steak	Chipped Beef on Toast	Chicken Parm	Pesto Cream Sauce over Tortellini	Garlic Parm Tilapia
STARCH	Biscuits	Brown Rice	Wild Rice	Sweet Potatoes	Spaghetti in a Red Sauce	Hush Puppies	Biscuits
FRUIT/VEG	Roasted Acorn Squash	Broccoli	Roasted Root Veg	Roasted Tomatoes	Zucchini & Yellow Squash	Winter blend	Balsamic Asparagus
DESSERT	Scones	Sweet Potato Pie	Banana Pudding Parfait	Brownie Sundaes	Whipped Fruit Salad	Orange Fluff	Lemon Bars

DINNER

SOUP		Beef Barley	Split Pea and Ham	Wisconsin Cheddar	Zupa Toscana	Manhattan Clam Chowder	Tomato Soup
ENTRÉE 1	Turkey Club Wraps	Shrimp Alfredo	Kielbasa	Stuffed Sole	Chicken Marsala	Baked Cod	Liver with Bacon and Onion
ENTRÉE 2	Chicken Bacon Ranch Casserole	Country Fried Chicken	Stuffed Cabbage	Beef & Broccoli Stir Fry	Garlic Butter Steak Bites	Gnocchi W/ Vodka Sauce	Broccoli Cheddar Quiche
STARCH	Chips	Penne Pasta	Pierogies	Rice	Loaded Mashed	Mushroom Risotto	Potato Wedges
VEGGIE 1	Green Beans	Normandy Blend	Sauerkraut	Roasted Red Peppers	Sauteed Mushrooms	Mixed Vegetables	Wax Beans
DESSERT	Dessert Cart	Ice Cream Novelty	Spiced Cake	Angel Food Cake w/ Berries	Carrot Cake	Mixed Berry Cheesecake Parfait	Rice Pudding

LONGVIEW RECREATION SCHEDULE

February 16 – February 22, 2025

All Longview Assisted Living Residents are required to sign out and in when leaving the Longview grounds. If a Resident does not comply with this requirement, their residency at Longview may be at risk. Residents' sign out sheets are available outside the Med Room on the 4th Floor and at each nurse's station in the Garden.

Sunday – February 16th

10:30 **ROMAN CATHOLIC COMMUNION** – Interfaith Chapel, 3rd Floor
 2:30 **WORSHIP SERVICE** with The Rev. Nancy Didway, Dryden Presbyterian (USA) – Auditorium, 3rd Floor

Monday – February 17th Presidents' Day

9:00 **OPEN FITNESS** with Lorraine – Exercise Room, 2nd Floor
 9:00 **MONDAY MORNING MOVEMENT** with Vera – Garden Level, Front Lobby
 9:15 **TRIVIA** with Netta – 4th Floor, Fireplace Lounge
 9:30 **COFFEE & CONVERSATION** A social time for residents to visit with each other – Craft Room, 3rd Floor
 10:00 **EXERCISE** with Vera – Auditorium, 3rd Floor
 10:30 **PRESIDENTS & FIRST LADIES TRIVIA with Lorraine – Garden Level, East Wing**
 10:30 **LONGVIEW STORE** open until 11:30 a.m. – 3rd Floor
 10:45 **PRESIDENTS' DAY CROSSWORDS** with Vera – 4th Floor, Fireplace Lounge
 1:15 **BINGO** with Maria & Lorraine – 4th Floor, Fireplace Lounge
 1:30 **MOVEMENT & MUSIC** with Netta – Rehab Room, Garden Level
 1:30 **STRETCH YOUR SPIRIT: Namgyal Monastery, A Festival of Inspired Music – Sign up in Craft Room, Meet in Front Entrance. Footwear may need to be removed on-site, so please wear easy to remove shoes**
 2:00 **YOGA** with Lisa – IC Classroom, 2nd Floor
 2:30 **HISTORY OF THE WASHINGTON MONUMENT & LINCOLN MEMORIAL** – 4th Floor, Fireplace Lounge
 3:00 **ALL CREATURES GREAT & SMALL** (Season 1, Episode 2) – Auditorium, 3rd Floor
 3:00 **ART CLUB: Watercolor Pencils with Lorraine – Craft Room, 3rd Floor *New Time!**
 3:15 **BINGO** with Netta & Martina – Garden Level, East Wing
 6:00 **MONDAY NIGHT MOVIE** – Garden Level, East Wing



Tuesday – February 18th

9:00 **OPEN FITNESS** with Lorraine – Exercise Room, 2nd Floor
 9:00 **NAILS** with Vera – 4th Floor, Fireplace Lounge
 9:30 **COFFEE & CONVERSATION** A social time for residents to visit with each other – Craft Room, 3rd Floor
 10:00 **EXERCISE** with Netta – Auditorium, 3rd Floor
 10:15 **OPEN ART STUDIO with Julia**, Create art with other residents! All welcome! – Craft Room, 3rd Floor
 10:30 **LONGVIEW STORE** open until 11:30 a.m. – 3rd Floor
 10:45 **BOWLING** with Netta & Pamela – Auditorium, 3rd Floor
 10:45 **CRAFTS** with Vera & Lorraine – Garden Level, West Wing
 1:15 **PICTIONARY** with Netta & Lorraine – 4th Floor, Fireplace Lounge
 1:15 **KEN BURNS DOCUMENTARY: Muhammad Ali, Round Four, The Spell Remains (1974-2016) – Auditorium**
 1:30 **MOVEMENT & MUSIC** with Whitney – Garden Level, Rehab Room
 2:30 **COMMUNITY CAFÉ, All are Welcome! – Dining Room, 3rd Floor**
 3:15 **TAI CHI** with Laurie – Auditorium, 3rd Floor
 3:30 **WOULD YOU RATHER** with Netta – Garden Level, East Wing
 3:45 **WHEEL OF FORTUNE with Whitney – 4th Floor, Fireplace Lounge**
 Continued on next page...

Music by
Dorothy Fields



Tuesday – February 18th

- 4:00 **SHORT STORIES** with Lorraine – Garden Level, East Wing
6:30 **SONGS OF DOROTHY FIELDS: Music by Will McMillan & Molly Ruggles** – Auditorium, 3rd Floor

LONGVIEW SHOPPER SIX or less items from Wegmans, drop list & money off in Business Office Mailbox
*Orders need to be in by **TUESDAY evening** and will be delivered **WEDNESDAY afternoon!**

Wednesday – February 19th

- 9:00 **MORNING MOVEMENT** with Vera – Garden Level, Front Lobby
9:00 **OPEN FITNESS** with Netta – Exercise Room, 2nd Floor
9:15 **SPORTS HIGHLIGHTS: Videos & Discussion** with Lorraine – 4th Floor, Fireplace Lounge
9:30 **COFFEE & CONVERSATION** A social time for residents to visit with each other – Craft Room, 3rd Floor
10:00 **EXERCISE** with Vera – Auditorium, 3rd Floor
10:15 **GETTING TO KNOW YOU**, Conversations with Netta – Garden Level, East Wing
10:30 **BIBLE STUDY: Studying Moses, Chapter 5 with Brooke** – Interfaith Chapel, 3rd Floor
10:45 **FAMOUS FACES** with Lorraine – 4th Floor, Fireplace Lounge
10:45 **CROSSWORDS** with Vera – Garden Level, East Wing
1:15 **NAILS** with Maria – Craft Room, 3rd Floor
1:30 **DOCUMENTARY: Erased, WW2's Heroes of Color, "D-Day"** – 4th Floor, Fireplace Lounge
1:30 **MUSIC & MOVEMENT** with Netta – Garden Level, Rehab Room
2:15 **TRIP TO GREENSTAR** – Sign up in Craft Room, Meet in Entrance
2:30 **FRIENDLY VISITING** with Lorraine – Front Lobby, Garden Level
2:45 **CARD GAMES** with Maria – 4th Floor, Fireplace Lounge
3:00 **PRAYING THE ROSARY** – Interfaith Chapel, 3rd Floor
3:45 **WATERCOLOR** with Lorraine – Garden Level, West Wing
3:45 **HYMN SING** with Brooke – Auditorium, 3rd Floor
7:30 **OPEN AA MEETING**, All are welcome including AL-ANON members – Interfaith Chapel, 3rd Floor

Thursday – February 20th

- 9:00 **OPEN FITNESS** with Whitney – Exercise Room, 2nd Floor
9:00 **NAILS** with Netta – Garden Level, East Wing
9:30 **COFFEE & CONVERSATION** with Pamela & Lorraine – Craft Room, 3rd Floor
10:00 **EXERCISE** with Lorraine – Auditorium, 3rd Floor
10:15 **COFFEE & GAMES** with Netta – Garden Level, East Wing
10:30 **LONGVIEW STORE** open until 11:30 a.m. – 3rd Floor
10:45 **BEAN BAG TOSS with Pam & Lorraine** – 4th Floor, Fireplace Lounge
10:45 **WHO AM I?** with Whitney – Garden Level, East Wing
10:45 **CLAY CLASS** with Ed – Craft Room, 3rd Floor
12:45 **MUSIC** with Ben Hogben – Garden Level, Front Lobby
1:15 **SPIRITUAL LIFE Video Lecture**, Great Courses Series on Genesis – Auditorium, 3rd Floor
1:15 **BEAN BAG TOSS** with Netta – Garden Level, East Wing
1:30 **MUSIC** with Ben Hogben – 3rd Floor, Front Lobby
2:00 **MOVIE MATINEE: The Secret Life of Pets (2016)** – Garden Level, East Wing

Continued on next page...

Thursday – February 20th

- 2:15 **PLANT TALK** with John – Craft Room, 3rd Floor
3:15 **JEOPARDY** with Whitney – 4th Floor, Fireplace Lounge
3:45 **DRAMA CLUB**, Acting with Netta – Garden Level, Front Lobby
6:15 **SOCIAL CLUB: Paper Flowers & Card Games, All Are Welcome!** – Craft Room, 3rd Floor
6:30 **THURSDAY MOVIE NIGHT** – 4th Floor, Fireplace Lounge

Friday – February 21st

- 9:00 **OPEN FITNESS** with Netta – Exercise Room, 2nd Floor
9:00 **OPEN SWIM** with Whitney – Pool, 2nd Floor
9:30 **BRAIN BUILDERS & BAKING with IC Students** – Garden Level, West Wing
10:00 **EXERCISE** with Netta – Auditorium, 3rd Floor
10:30 **LONGVIEW STORE** open until 11:30 a.m. – 3rd Floor
10:30 **THE GAME OF THINGS** with Whitney – 4th Floor, Fireplace Lounge
11:00 **WRITING, READING, & DISCUSSIONS** with Jerry – Garden Level, Rehab Room
1:15 **SCRABBLE** with Martina – 4th Floor, Fireplace Lounge
1:30 **MOVEMENT & MUSIC** with Netta – Garden Level, Rehab Room
1:30 **BRAIN HEALTH with Cayuga Primary Care Residency Program** – Auditorium, 3rd Floor
2:00 **COMMON PHRASES & THE HISTORY BEHIND THEM** with Whitney – 4th Floor, Fireplace Lounge
2:00 **QUILTING GROUP**, All are welcome! – IC Classroom, 2nd Floor
2:15 **ANIMAL TALK** with John – Craft Room, 3rd Floor
3:30 **SHABBAT Worship with IC Hillel** – Interfaith Chapel, 3rd Floor
3:45 **KARAOKE! All are welcome** – Auditorium, 3rd Floor *Note Time
3:45 **GARDEN & ANIMAL TALK** with John – Garden Level, Rehab Room
*PODCAST GROUP WILL BE MEETING SATURDAY AFTERNOON THIS WEEK



Saturday – February 22nd

- 10:00 **SCATTERGORIES** with Maria & Martina – 4th Floor, Fireplace Lounge
10:15 **LONGVIEW DISCUSSION GROUP** – Craft Room, 3rd Floor
11:00 **TRIVIA** with Martina & Maria – Garden Level, East Wing
1:00 **MOVEMENT & MUSIC** with Maria & Martina – Garden Level, Rehab Room
2:00 **MOVIE MATINEE: Secondhand Lions (2003)** – Auditorium, 3rd Floor *Note Time
2:30 **GAMES** with Maria & Martina – 4th Floor, Fireplace Lounge
3:00 **PODCAST & DISCUSSION GROUP** with Martina – Craft Room, 3rd Floor *Note Day

Longview is encouraging all Residents to wear facemasks when they are feeling ill or have cold/flu like symptoms when they leave their living unit and move about the common spaces at Longview.

Questions/concerns regarding Recreation programs, contact Bree Nash in the Recreation Department at 607-375-6335.

BEAUTY SALON

Please call Shaunna directly to schedule appointments at
(607) 279-7543