

Week 4	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	23-Mar	24-Mar	25-Mar	26-Mar	27-Mar	28-Mar	29-Mar
LUNCH							
SOUP	Chicken Noodle	Sausage Potato Kale Soup	Stuffed Pepper Soup	Vegetable Soup	Bean and Keilbasa Soup	Seafood Bisque	Tomato Soup
ENTRÉE 1	Hamsteak	Homemade Chili	Chicken Cordon Bleu	BBQ Chicken	Shaved Steak Sandwich	Gnocchi W/ Vodka Sauce	Liver with Bacon and Onion
ENTRÉE 2	Fried Eggs w/ Corned Beef Hash	Lemon Pepper Salmon	Beef and Squash Stew	Beef Fajitas	Grilled Mahi Mahi	Popcorn Shrimp with Cocktail Sauce	Broccoli Cheddar Quiche
STARCH	Breakfast Potatoes	Cornbread	Sweet Potato Mashed	Mexican Rice	Rice Pilaf	Tater Tots	Fingerling Potato
FRUIT/VEG	Hubbard Squash	Asparagus	Steamed Carrots	Creamed Corn	Bahama Blend	Mixed Vegetables	Corn
DESSERT	Apple Turnover	Chocolate Cake	Fruited Jello	Coffee Ice Cream	Eclairs	Assorted Cream Pie	Red Velvet Bistro
DINNER							
SOUP	Chicken Noodle	Sausage Potato Kale Soup	Stuffed Pepper Soup	Vegetable Soup	Bean and Keilbasa Soup	Seafood Bisque	Tomato Soup
ENTRÉE 1	Chicken Cutlet Sandwich	Chicken Marsala	Ham & Scalloped Potato	Sausage Parm	Stuffed Cabbage Cassarole	Shake and Bake Pork Chops	Chili Cheese Dogs
ENTRÉE 2	Turkey Wraps	Beef Stroganoff	Shepherds Pie	Baked Ziti	Chicken and Dumpling	Baked Salmon	Roasted Chicken Thighs
STARCH	Curly Fries	Egg Noodles	no starch	Garlic Bread	No Starch	Cheesy Chive Potato	Potato Salad
VEGGIE 1	Carrots	Peas	Green Beans	Broccoli	Mediterranean Blend	Peas & Carrots	Beets
DESSERT	Brownies	Rainbow Sherbert	Strawberry Rhubarb Pie	Boston Cream Pie	Mixed Berry Yogurt Parfait	Cheesecake	Jello Cake

LONGVIEW RECREATION SCHEDULE

March 23 – March 29, 2025

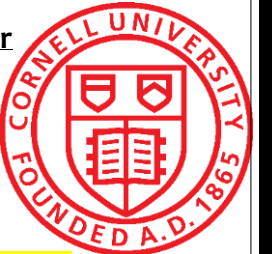
All Longview Assisted Living Residents are required to sign out and in when leaving the Longview grounds. If a Resident does not comply with this requirement, their residency at Longview may be at risk. Residents' sign out sheets are available outside the Med Room on the 4th Floor and at each nurse's station in the Garden.

Sunday – March 23rd

10:30 **ROMAN CATHOLIC COMMUNION** – Interfaith Chapel, 3rd Floor
 2:30 **WORSHIP SERVICE** with The Rev. Ryan O'Dowd, Bread of Life Anglican Church – Auditorium, 3rd Floor

Monday – March 24th

9:00 **OPEN FITNESS** with Kelly – Exercise Room, 2nd Floor
 9:00 **MONDAY MORNING MOVEMENT** with Vera – Garden Level, Front Lobby
 9:15 **TRIVIA** with Whitney – 4th Floor, Fireplace Lounge
 9:30 **COFFEE & CONVERSATION** A social time for residents to visit with each other – Craft Room, 3rd Floor
 9:45 **MOVIE CHARACTER GUESS WHO** with Lorraine – Garden Level, West Wing
 10:00 **EXERCISE** with Vera – Auditorium, 3rd Floor
 10:45 **TRIVIA with Lorraine** – Garden Level, East Wing
 10:30 **LONGVIEW STORE** open until 11:30 a.m. – 3rd Floor
 10:45 **CROSSWORDS** with Kelly – 4th Floor, Fireplace Lounge
 10:45 **RECREATION PROGRAM OPTIONS Brainstorming Meeting, All are Welcome!** – Auditorium, 3rd Floor
 1:15 **BINGO** with Maria – 4th Floor, Fireplace Lounge
 1:30 **TOWN HALL MEETING with the Independent Resident Council** – Auditorium, 3rd Floor
 1:30 **MOVEMENT & MUSIC** with Lorraine – Rehab Room, Garden Level
 2:00 **YOGA with Kathy Morris** – IC Classroom, 2nd Floor
 2:30 **WHO AM I?** with Maria – 4th Floor, Fireplace Lounge
 3:00 **ART CLUB: Shading** with Kelly & Whitney – Craft Room, 3rd Floor
 3:15 **BINGO with Martina and Lorraine** – Garden Level, East Wing
 3:30 **ALL CREATURES GREAT & SMALL** (Season 1, Episode 6) – Auditorium, 3rd Floor *Note Time
 6:00 **MONDAY NIGHT MOVIE** – Garden Level, East Wing



Tuesday – March 25th

9:00 **OPEN FITNESS** with Lorraine – Exercise Room, 2nd Floor
 9:00 **NAILS** with Vera – 4th Floor, Fireplace Lounge
 9:30 **COFFEE & CONVERSATION** A social time for residents to visit with each other – Craft Room, 3rd Floor
 10:00 **EXERCISE** with Kelly – Auditorium, 3rd Floor
 10:15 **OPEN ART STUDIO with Julia, Create art with other residents! All welcome!** – Craft Room, 3rd Floor
 10:30 **LONGVIEW STORE** open until 11:30 a.m. – 3rd Floor
 10:45 **BOWLING with Pamela & Kelly** – Auditorium, 3rd Floor
 10:45 **CRAFTS** with Vera & Lorraine - Garden Level, West Wing
 1:15 **PICTIONARY** with Soni & Kelly – 4th Floor, Fireplace Lounge
 1:30 **CORNELL LAW PRESENTATION: Understanding Financial Investments & Spotting Fraud** – Auditorium
 1:30 **MOVEMENT & MUSIC** with Lorraine – Garden Level, Rehab Room
 2:30 **COMMUNITY CAFÉ:** All are Welcome! – Dining Room, 3rd Floor
 2:30 **BALLOON TOSS GAME** with Lorraine – Garden Level, West Wing
 3:15 **TAI CHI** with Laurie – Auditorium, 3rd Floor

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Tuesday – March 25th Continued

- 3:30 **BACKYARD BIRD CLUB: Migratory Birds Returning Home with Kelly** – Craft Room, 3rd Floor
3:30 **WHEEL OF FORTUNE** with Whitney – 4th Floor, Fireplace Lounge
3:45 **SHORT STORIES** with Lorraine – Garden Level, East Wing
6:30 **IC CONCERT: Guest Recital by Trio Ink (Chamber Music)** – Sign up in Craft Rm, Meet in Front Entrance

LONGVIEW SHOPPER SIX or less items from Wegmans, drop list & money off in Business Office Mailbox
*Orders need to be in by **TUESDAY evening** and will be delivered **WEDNESDAY afternoon!**

Wednesday – March 26th

- 9:00 **MORNING MOVEMENT** with Vera – Garden Level, Front Lobby
9:00 **OPEN FITNESS** with Kelly – Exercise Room, 2nd Floor
9:15 **SPORTS HIGHLIGHTS: Videos & Discussion** with Lorraine – 4th Floor, Fireplace Lounge
9:30 **COFFEE & CONVERSATION** A social time for residents to visit with each other – Craft Room, 3rd Floor
10:00 **EXERCISE** with Kelly – Auditorium, 3rd Floor
10:30 **BIBLE STUDY: Lenten Study with Brooke** – Interfaith Chapel, 3rd Floor
10:45 **FAMOUS FACES** with Lorraine – 4th Floor, Fireplace Lounge
10:45 **CROSSWORDS** with Vera – Garden Level, East Wing
1:15 **NAILS** with Maria – Craft Room, 3rd Floor
1:30 **STRETCH YOUR SPIRIT: Art Talk on Kintsugi with Carol Hockett** – Auditorium, 3rd Floor
1:30 **MUSIC & MOVEMENT** with Lorraine – Garden Level, Rehab Room
2:15 **TRIP TO TARGET** – Sign up in Craft Room, Meet in Front Entrance
2:30 **FRIENDLY VISITING** with Lorraine – Front Lobby, Garden Level
3:00 **PRAYING THE ROSARY** – Interfaith Chapel, 3rd Floor
3:15 **BAKING with Kelly and Martina**- 4th Floor, Kitchenette
3:45 **WATERCOLOR** with Lorraine – Garden Level, West Wing
3:45 **HYMN SING** with Brooke – Auditorium, 3rd Floor
7:30 **OPEN AA MEETING**, All are welcome including AL-ANON members – Interfaith Chapel, 3rd Floor

Thursday – March 27th

- 9:00 **OPEN FITNESS** with Whitney – Exercise Room, 2nd Floor
9:00 **NAILS** with Vera & Kelly – Garden Level, East Wing
9:30 **COFFEE & CONVERSATION** with Pamela & Lorraine – Craft Room, 3rd Floor
10:00 **EXERCISE** with Lorraine – Auditorium, 3rd Floor
10:30 **LONGVIEW STORE** open until 11:30 a.m. – 3rd Floor
10:45 **BEAN BAG TOSS** with Pam & Lorraine – 4th Floor, Fireplace Lounge
10:45 **WHO AM I?** with Vera – Garden Level, East Wing
10:45 **CLAY CLASS with Ed & Kelly** – Craft Room, 3rd Floor
12:45 **MUSIC with Ben Hogben** – Garden Level, Front Lobby
1:15 **SPIRITUAL LIFE Video Lecture**, Great Courses Series on Genesis – Auditorium, 3rd Floor
1:15 **BEAN BAG TOSS** with Vera & Whitney – Garden Level, East Wing
1:15 **THIS WEEK IN HISTORY with Kelly** – 4th Floor, Fireplace Lounge
1:30 **MUSIC** with Ben Hogben – 3rd Floor, Front Lobby
2:00 **MOVIE MATINEE: The Last Laugh (2019)** – Garden Level, East Wing
2:15 **PLANT TALK** with John – Craft Room, 3rd Floor
3:15 **JEOPARDY** with Whitney – 4th Floor, Fireplace Lounge

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Thursday – March 27th Continued

- 3:45 **SHORT STORIES**, with Lorraine – Garden Level, West Wing
6:30 **THURSDAY MOVIE NIGHT** – 4th Floor, Fireplace Lounge

Friday – March 28th

- 9:00 **OPEN SWIM** with Whitney – Pool, 2nd Floor
9:00 **OPEN FITNESS** with Kelly – Auditorium, 3rd Floor
9:30 **BRAIN BUILDERS & BAKING with IC Students** – Garden Level, West Wing
10:00 **EXERCISE** with Kelly – Auditorium, 3rd Floor
10:30 **LONGVIEW STORE** open until 11:30 a.m. – 3rd Floor
10:45 **COMMON PHRASES** with Kelly – 4th Floor, Fireplace Lounge
11:00 **WRITING, READING, & DISCUSSIONS** with Jerry – Garden Level, Rehab Room
1:30 **MOVEMENT & MUSIC** with Kelly – Garden Level, Rehab Room
1:30 **ROMAN CATHOLIC STATIONS OF THE CROSS** – Interfaith Chapel, 3rd Floor
1:30 **SCRABBLE** with Whitney – 4th Floor, Fireplace Lounge
*** **NO QUILTING GROUP THIS WEEK**
2:15 **ANIMAL TALK** with John – Craft Room, 3rd Floor
3:00 **MARCH BIRTHDAY PARTY with Music by The Maplewood Jazz Trio** – Auditorium, 3rd Floor
3:30 **SHABBAT** with IC Hillel – Interfaith Chapel, 3rd Floor
3:45 **GARDEN & ANIMAL TALK** with John – Garden Level, Rehab Room
6:15 **PODCAST & DISCUSSION GROUP** with Emma – Craft Room, 3rd Floor



Saturday – March 29th

- 10:00 **SCATTERGORIES** with Maria & Martina – 4th Floor, Fireplace Lounge
10:15 **LONGVIEW DISCUSSION GROUP** – Craft Room, 3rd Floor
11:00 **MOVEMENT & MUSIC** with Martina & Maria – Garden Level, Rehab Room *Note Time
1:00 **PIANO PERFORMANCE** with Madi – Auditorium, 3rd Floor
2:00 **MOVIE MATINEE: Bridges of Madison County (2010)** - Auditorium, 3rd Floor

Longview is encouraging all Residents to wear facemasks when they are feeling ill or have cold/flu like symptoms when they leave their living unit and move about the common spaces at Longview.

Questions/concerns regarding Recreation programs, contact Bree Nash in the Recreation Department at 607-375-6335.

BEAUTY SALON

Please call Shaunna directly to schedule appointments at
(607) 279-7543