

Week 1	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	30-Mar	31-Mar	1-Apr	2-Apr	3-Apr	4-Apr	5-Apr
LUNCH							
SOUP	Chicken Noodle	Vegetable	Italian Wedding	Lentil	Chicken Noodle	Corn Chowder	Tomato
ENTRÉE 1	Seafood Alfredo Casserole	Cube Steak w/ Gravy	Chicken Caprese Casserole	Pulled Chicken Sliders	Egg & Olive on Whole Wheat	Fried Fish	Pot Roast
ENTRÉE 2	Ham and Swiss Quiche	Spinach and Feta Turkey Burgers	Roasted Tilapia	Cheeseburger Sliders	BLT Wrap	Peach BBQ Chicken Thighs	Tuna Melt
STARCH	Southern Potato Wedge	French Fries	Sweet Potato Fries	Zucchini Fries	Potato Wedges	Fries	Tater Tots
FRUIT/VEG	Roasted Brussels Sprouts	Cucumber/ Tomato Salad	Broccoli	Corn	Steamed Carrots	Coleslaw	Mashed Cauliflower
DESSERT	Danishes	Dirt Cup	Strawberries	Fruit and Yogurt Parfait	Coconut Cream Pie	Fruit Crisp	Key Lime Bisto
DINNER							
SOUP	Chicken Noodle	Vegetable	Italian Wedding	Lentil	Chicken Noodle	Corn Chowder	Tomato
ENTRÉE 1	Soft Tacos w/ Salsa & Sour Cream	Beef Tips	Beef Lasagna	Chicken Cutlet	Meat Loaf	Baked Mac & Cheese	Chicken and Biscuits
ENTRÉE 2	Grilled Cheese	Turkey Stroganoff	Stuffed Pepper	Lemon Butter Tilapia	Pork Tender w/ Mushroom Cream Sauce	Fried Shrimp	Penne Marinara
STARCH	Yellow Rice	Egg Noodles	Garlic Bread	Rice Pilaf	Mashed Potato/Gravy	Hush Puppies	Biscuit
VEGGIE 1	Pico De Gallo	Mixed Vegetables	Garlic Green Beans	Sauteed Greens	Peas	Stewed Tomato	Wax Beans
DESSERT	Ice Cream Novelty	Strawberry Shortcake	Cannoli	Tiramisu	Chocolate Cake	Individual Citrus Cake	Cookies and Cream Pie

LONGVIEW RECREATION SCHEDULE

March 30 – April 5, 2025

All Longview Assisted Living Residents are required to sign out and in when leaving the Longview grounds. If a Resident does not comply with this requirement, their residency at Longview may be at risk. Residents' sign out sheets are available outside the Med Room on the 4th Floor and at each nurse's station in the Garden.

Sunday – March 30th

- 10:30 **ROMAN CATHOLIC COMMUNION** – Interfaith Chapel, 3rd Floor
- 2:30 **WORSHIP SERVICE** with Reverend Brooke Newell – Auditorium, 3rd Floor

Monday – March 31st

- 9:00 **OPEN FITNESS** with Kelly – Exercise Room, 2nd Floor
- 9:00 **MONDAY MORNING MOVEMENT** with Vera – Garden Level, Front Lobby
- 9:15 **TRIVIA** with Whitney – 4th Floor, Fireplace Lounge
- 9:30 **COFFEE & CONVERSATION** A social time for residents to visit with each other – Craft Room, 3rd Floor
- 9:45 MOVIE CHARACTER GUESS WHO with Lorraine – Garden Level, West Wing**
- 10:00 **EXERCISE** with Vera – Auditorium, 3rd Floor
- 10:30 **LONGVIEW STORE** open until 11:30 a.m. – 3rd Floor
- 10:45 **CROSSWORDS** with Kelly – 4th Floor, Fireplace Lounge
- 10:45 TRIVIA with Lorraine – Garden Level, East Wing**
- 1:15 **BINGO** with Maria – 4th Floor, Fireplace Lounge
- 1:30 **MOVEMENT & MUSIC** with Lorraine – Rehab Room, Garden Level
- 2:00 YOGA with Lisa – IC Classroom, 2nd Floor**
- 2:30 **PUN INTENDED** with Maria – 4th Floor, Fireplace Lounge
- 3:00 **ART CLUB: Expressionism, Discussion & Painting** with Kelly & Whitney – Craft Room, 3rd Floor
- 3:00 **ALL CREATURES GREAT & SMALL** (Season 1, Episode 7) – Auditorium, 3rd Floor
- 3:15 BINGO with Martina and Lorraine – Garden Level, East Wing**
- 6:00 **MONDAY NIGHT MOVIE** – Garden Level, East Wing

Tuesday – April 1st April Fools' Day

- 9:00 **OPEN FITNESS** with Lorraine – Exercise Room, 2nd Floor
- 9:00 **NAILS** with Vera – 4th Floor, Fireplace Lounge
- 9:30 **COFFEE & CONVERSATION** A social time for residents to visit with each other – Craft Room, 3rd Floor
- 10:00 **EXERCISE** with Kelly – Auditorium, 3rd Floor
- 10:15 OPEN ART STUDIO with Julia, Create art with other residents! All welcome! – Craft Room, 3rd Floor**
- 10:30 **LONGVIEW STORE** open until 11:30 a.m. – 3rd Floor
- 10:45 BOWLING with Pamela & Kelly – Auditorium, 3rd Floor**
- 10:45 **CRAFTS** with Vera & Lorraine – Garden Level, West Wing
- 1:15 **PICTIONARY** with Soni & Kelly – 4th Floor, Fireplace Lounge
- 1:15 DOCUMENTARY: Our Planet with David Attenborough – Auditorium, 3rd Floor**
- 1:30 **MOVEMENT & MUSIC** with Lorraine – Garden Level, Rehab Room
- 2:30 COFFEE WITH CHERYL, All are Welcome! – Dining Room, 3rd Floor**
- 2:30 **APRIL FOOLS AROUND THE WORLD** with Whitney – Garden Level, West Wing
- 3:15 **TAI CHI** with Laurie – Auditorium, 3rd Floor
- 3:30 BACKYARD BIRD CLUB: Water Birds with Kelly – Craft Room, 3rd Floor**
- 3:30 **FACT OR FOOLERY** with Whitney – 4th Floor, Fireplace Lounge

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Tuesday – April 1st Continued

3:45 **DO YOU KNOW YOUR NEIGHBOR?** with Lorraine – Garden Level, West Wing

LONGVIEW SHOPPER SIX or less items from Wegmans, drop list & money off in Business Office Mailbox

*Orders need to be in by **TUESDAY evening** and will be delivered **WEDNESDAY afternoon!**

Wednesday – April 2nd

9:00 **MORNING MOVEMENT** with Vera – Garden Level, Front Lobby

9:00 **OPEN FITNESS** with Kelly – Exercise Room, 2nd Floor

9:15 **SPORTS HIGHLIGHTS: Videos & Discussion** with Lorraine – 4th Floor, Fireplace Lounge

9:30 **COFFEE & CONVERSATION** A social time for residents to visit with each other – Craft Room, 3rd Floor

10:00 **EXERCISE** with Kelly – Auditorium, 3rd Floor

10:30 **BIBLE STUDY: Lenten Study with Brooke – Interfaith Chapel, 3rd Floor**

10:45 **FAMOUS FACES** with Lorraine – 4th Floor, Fireplace Lounge

10:45 **CROSSWORDS** with Vera – Garden Level, East Wing

1:15 **NAILS** with Maria – Craft Room, 3rd Floor

1:30 **MUSIC & MOVEMENT** with Lorraine – Garden Level, Rehab Room

2:15 **TRIP TO WALMART – Sign up in Craft Room, Meet in Front Entrance**

2:15 **PLANT TALK** with John – Craft Room, 3rd Floor ***Note Day**

2:30 **FRIENDLY VISITING** with Lorraine – Front Lobby, Garden Level

3:00 **PRAYING THE ROSARY** – Interfaith Chapel, 3rd Floor

3:15 **BAKING: Lemon Bars with Kelly and Martina – 4th Floor, Kitchenette**

3:45 **WATERCOLOR** with Lorraine – Garden Level, West Wing

3:45 **HYMN SING** with Brooke – Auditorium, 3rd Floor

6:15 **MOVIE NIGHT: “If You’re Not in the Obit, Eat Breakfast” Documentary – Auditorium, 3rd Floor**

7:30 **OPEN AA MEETING**, All are welcome including AL-ANON members – Interfaith Chapel, 3rd Floor

Thursday – April 3rd

9:00 **OPEN FITNESS** with Whitney – Exercise Room, 2nd Floor

9:00 **NAILS** with Vera & Kelly – Garden Level, East Wing

9:30 **COFFEE & CONVERSATION** with Pamela & Lorraine – Craft Room, 3rd Floor

10:00 **EXERCISE** with Lorraine – Auditorium, 3rd Floor

10:30 **LONGVIEW STORE** open until 11:30 a.m. – 3rd Floor

10:45 **BEAN BAG TOSS** with Pam & Lorraine – 4th Floor, Fireplace Lounge

10:45 **WHO AM I?** with Vera – Garden Level, East Wing

10:45 **CLAY CLASS** with Ed & Kelly – Craft Room, 3rd Floor

12:45 **MUSIC** with Ben Hogben – Garden Level, Front Lobby

1:15 **SPIRITUAL LIFE Video Lecture**, Great Courses Series on Genesis – Auditorium, 3rd Floor

1:15 **BEAN BAG TOSS** with Vera & Whitney – Garden Level, East Wing

1:30 **THIS WEEK IN HISTORY** with Kelly – 4th Floor, Fireplace Lounge

1:30 **MUSIC** with Ben Hogben – 3rd Floor, Front Lobby

2:00 **MOVIE MATINEE: Pretty Woman (1990) – Garden Level, East Wing**

2:15 **ANIMAL TALK** with John – Craft Room, 3rd Floor ***Note Day**

3:15 **JEOPARDY** with Whitney – 4th Floor, Fireplace Lounge

3:45 **SHORT STORIES**, with Lorraine – Garden Level, West Wing

6:00 **LONGVIEW SOCIAL CLUB**, All are welcome – Craft Room, 3rd Floor

6:30 **THURSDAY MOVIE NIGHT** – 4th Floor, Fireplace Lounge

Friday – April 4th

9:00 **OPEN SWIM** with Whitney – Pool, 2nd Floor

9:00 **OPEN FITNESS** with Kelly – Exercise Room, 2nd Floor

9:30 **BRAIN BUILDERS & BAKING** with IC Students – Garden Level, West Wing

10:00 **EXERCISE** with Kelly – Auditorium, 3rd Floor

10:30 **LONGVIEW STORE** open until 11:30 a.m. – 3rd Floor

10:45 **COMMON PHRASES** with Kelly – 4th Floor, Fireplace Lounge

11:00 **WRITING, READING, & DISCUSSIONS** with Jerry – Garden Level, Rehab Room

1:15 **SCRABBLE** with Martina – 4th Floor, Fireplace Lounge

1:30 **WELLNESS SERIES: CBD for Health & Well-Being with Rebecca Stevenson – Auditorium, 3rd Floor**

1:30 **MOVEMENT & MUSIC** with Kelly – Garden Level, Rehab Room

1:30 **ROMAN CATHOLIC STATIONS OF THE CROSS – Interfaith Chapel, 3rd Floor**

2:00 **QUILTING GROUP**, All are Welcome – IC Classroom, 2nd Floor

**** **ANIMAL TALK** Moved to Thursday

3:30 **IC SPEAKER: Bio-Inspired Medical Glue; Learning Tricks from Nature w/ Andrew Smith – Auditorium, 3rd Floor**

**** **NO GARDEN & ANIMAL TALK**

6:15 **PODCAST & DISCUSSION GROUP** with Emma – Craft Room, 3rd Floor

Saturday – April 5th

10:00 **SCATTERGORIES** with Maria & Martina – 4th Floor, Fireplace Lounge

10:15 **LONGVIEW DISCUSSION GROUP** – Craft Room, 3rd Floor

11:00 **MOVEMENT & MUSIC** with Martina & Maria – Garden Level, Rehab Room

1:00 **TRIVIA** with Maria & Martina – Garden Level, East Wing

2:00 **MOVIE MATINEE: Gone with the Wind (1939) – Garden Level, East Wing**

2:30 **IC SPEAKER: Park Promotions; Social Media, TikTok Trends & Social Media Safety – Auditorium, 3rd Floor**

Longview is encouraging all Residents to wear facemasks when they are feeling ill or have cold/flu like symptoms when they leave their living unit and move about the common spaces at Longview.

Questions/concerns regarding Recreation programs, contact Bree Nash in the Recreation Department at 607-375-6335.

BEAUTY SALON

Please call Shaunna directly to schedule appointments at
(607) 279-7543

