

Week 2	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	6-Apr	7-Apr	8-Apr	9-Apr	10-Apr	11-Apr	12-Apr
<b>LUNCH</b>							
<b>SOUP</b>	Chicken Noodle	Pasta Fagiola	Broccoli Cheddar	Vegetable & Beef	Cream of Potato & Bacon	New England Clam	Tomato
<b>ENTRÉE 1</b>	Roasted Turkey & Gravy	Patty Melt w/grilled onions	Open Faced Turkey Sandwich/Gravy	Sloppy Jane (turkey)	Irish Lamb Stew	Tuna Noodle Casserole	Chicken Tenders
<b>ENTRÉE 2</b>	Blueberry Pancakes	Turkey Meatloaf	Taco bowl served with salsa and sour cream	Manicotti	Teriyaki Chicken Thighs	Beef Tenderloin	Homemade Chili
<b>STARCH</b>	Mashed Potato	Mashed potatoes	French Fries	Sweet Potato Fries	Baked potato	Au Gratin Potato	Cornbread
<b>FRUIT/VEG</b>	Green bean Casserole	Asparagus	Corn	Honey roasted carrots	Sauteed Spinach	seared kale	Broccoli coleslaw
<b>DESSERT</b>	Strawberry Cheese Blintzes	Chocolate cake	Fruited Jello	Coffee Ice Cream	Eclairs	Assorted Cream pie	Fruit of the forest Pie
<b>DINNER</b>							
<b>SOUP</b>	Chicken Noodle	Pasta Fagiola	Broccoli Cheddar	Vegetable & Beef	Cream of Potato & Bacon	New England Clam	Tomato
<b>ENTRÉE 1</b>	Cheese Pizza	Stuffed Sweet Potato	Chicken & Dumplings	Garlic Balsamic Pork Roast	Sweet and sour chicken	London Broil	Meatloaf
<b>ENTRÉE 2</b>	Boneless BBQ Wings	Stuffed Shells with sausage coins	Swedish Meatballs	Battered Haddock	Mango salsa salmon	Crab mac and cheese	Baked Raviloi
<b>STARCH</b>	Potato Wedges	no starch	Egg Noodles	Au gratin potatoes	Wild Rice	Risotto	Mashed/Gravy
<b>VEGGIE 1</b>	Baby Carrots	Chuckwagon blend	peas/carrot blend	Cheesy Broccoli	Butternut Squash	Asparagus	Cream Corn
<b>DESSERT</b>	Brownies	Rainbow Sherbert	Strawberry Rhubarb Pie	Boston Cream Pie	Fruit Yogurt Parfait	Cheesecake	Jello Cake

## LONGVIEW RECREATION SCHEDULE

*April 6 – April 12, 2025*

All Longview Assisted Living Residents are required to sign out and in when leaving the Longview grounds. If a Resident does not comply with this requirement, their residency at Longview may be at risk. Residents' sign out sheets are available outside the Med Room on the 4<sup>th</sup> Floor and at each nurse's station in the Garden.

### Sunday – April 6<sup>th</sup>

- 10:30 **ROMAN CATHOLIC COMMUNION** – Interfaith Chapel, 3<sup>rd</sup> Floor
- 2:30 **WORSHIP SERVICE** with Ms. Jami Breedlove, St. Paul's United Methodist – Auditorium, 3<sup>rd</sup> Floor
- 4:00 **ITHACA SUZUKI MUSIC EDUCATION: Advanced Heifetz Violin Ensemble - Auditorium, 3<sup>rd</sup> Floor**

### Monday – April 7<sup>th</sup>

- 9:00 **OPEN FITNESS** with Kelly – Exercise Room, 2<sup>nd</sup> Floor
- 9:00 **MONDAY MORNING MOVEMENT** with Vera – Garden Level, Front Lobby
- 9:15 **TRIVIA** with Whitney – 4<sup>th</sup> Floor, Fireplace Lounge
- 9:30 **COFFEE & CONVERSATION** A social time for residents to visit with each other – Craft Room, 3<sup>rd</sup> Floor
- 9:45 **MOVIE CHARACTER GUESS WHO** with Lorraine – Garden Level, West Wing
- 10:00 **EXERCISE with Vera – Auditorium, 3<sup>rd</sup> Floor**
- 10:30 **LONGVIEW STORE** open until 11:30 a.m. – 3<sup>rd</sup> Floor
- 10:45 **CROSSWORDS** with Kelly – 4<sup>th</sup> Floor, Fireplace Lounge
- 10:45 **TRIVIA** with Lorraine – Garden Level, East Wing
- 10:45 **NAILS with Vera – 4th Floor, Fireplace Lounge \*Note Day & Time**
- 1:15 **BINGO** with Maria – 4<sup>th</sup> Floor, Fireplace Lounge
- 1:30 **MOVEMENT & MUSIC** with Lorraine – Rehab Room, Garden Level
- 2:00 **YOGA** with Lisa – IC Classroom, 2<sup>nd</sup> Floor
- 2:00 **CORNELL COMPANIONS PET THERAPY VISITS – Garden Level, East Wing**
- 2:30 **WHO AM I?** with Maria – 4<sup>th</sup> Floor, Fireplace Lounge
- 3:00 **ART CLUB: Cubism Art Discussion (Picasso)** with Kelly & Whitney – Craft Room, 3<sup>rd</sup> Floor
- 3:00 **ALL CREATURES GREAT & SMALL** (Season 1, Episode 8) – Auditorium, 3<sup>rd</sup> Floor
- 3:15 **BINGO with Martina and Lorraine – Garden Level, East Wing**
- 6:00 **MONDAY NIGHT MOVIE** – Garden Level, East Wing

### Tuesday – April 8<sup>th</sup>

- 9:00 **OPEN FITNESS** with Lorraine – Exercise Room, 2<sup>nd</sup> Floor
- \*\*\* **NAILS HAS BEEN MOVED TO MONDAY AT 10:45 AM THIS WEEK**
- 9:30 **COFFEE & CONVERSATION** A social time for residents to visit with each other – Craft Room, 3<sup>rd</sup> Floor
- 10:00 **EXERCISE** with Kelly – Auditorium, 3<sup>rd</sup> Floor
- 10:15 **OPEN ART STUDIO with Julia, Create art with other residents! All welcome! – Craft Room, 3<sup>rd</sup> Floor**
- 10:30 **LONGVIEW STORE** open until 11:30 a.m. – 3<sup>rd</sup> Floor
- 10:45 **BOWLING with Pamela & Kelly – Auditorium, 3<sup>rd</sup> Floor**
- 10:45 **CRAFTS** with Whitney & Lorraine – Garden Level, West Wing
- 1:15 **PICTIONARY** with Soni & Kelly – 4<sup>th</sup> Floor, Fireplace Lounge
- 1:15 **DOCUMENTARY: Our Planet: Frozen Worlds – Auditorium, 3<sup>rd</sup> Floor**
- 1:30 **MOVEMENT & MUSIC** with Lorraine – Garden Level, Rehab Room
- 2:30 **COMMUNITY CAFÉ: All are Welcome! – Dining Room, 3<sup>rd</sup> Floor**
- 2:30 **PICTIONARY** with Whitney – Garden Level, West Wing

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## Tuesday – April 8<sup>th</sup> Continued

- 3:15 TAI CHI with Laurie – Auditorium, 3<sup>rd</sup> Floor  
3:30 **BACKYARD BIRD CLUB: Hawks with Kelly – Craft Room, 3<sup>rd</sup> Floor**  
3:30 WHEEL OF FORTUNE with Whitney – 4<sup>th</sup> Floor, Fireplace Lounge  
3:45 DO YOU KNOW YOUR NEIGHBOR? with Lorraine – Garden Level, West Wing  
6:30 TUESDAY MOVIE NIGHT – 4<sup>th</sup> Floor, Fireplace Lounge

**LONGVIEW SHOPPER SIX** or less items from Wegmans, drop list & money off in Business Office Mailbox  
\*Orders need to be in by **TUESDAY evening** and will be delivered **WEDNESDAY afternoon!**

## Wednesday – April 9<sup>th</sup>

- 9:00 **MORNING MOVEMENT** with Lorraine – Garden Level, Front Lobby  
9:00 **OPEN FITNESS** with Kelly – Exercise Room, 2<sup>nd</sup> Floor  
9:30 **COFFEE & CONVERSATION** A social time for residents to visit with each other – Craft Room, 3<sup>rd</sup> Floor  
10:00 **EXERCISE** with Kelly – Auditorium, 3<sup>rd</sup> Floor  
10:00 **SPORTS HIGHLIGHTS: Videos & Discussion** with Lorraine – 4<sup>th</sup> Floor, Fireplace Lounge **\*Note Time**  
10:30 **BIBLE STUDY: Lenten Study with Brooke – Interfaith Chapel, 3<sup>rd</sup> Floor**  
10:45 **FAMOUS FACES** with Lorraine – 4<sup>th</sup> Floor, Fireplace Lounge  
10:45 **CROSSWORDS** with Kelly – Garden Level, East Wing  
1:15 **NAILS** with Maria – Craft Room, 3<sup>rd</sup> Floor  
1:30 **MUSIC & MOVEMENT** with Lorraine – Garden Level, Rehab Room  
1:30 **STRETCH YOUR SPIRIT: Contour Line Drawing as Meditation – Auditorium, 3<sup>rd</sup> Floor**  
2:15 **TRIP TO WEGMANS** – Sign up in Craft Room, Meet in Front Entrance  
2:30 **FRIENDLY VISITING** with Lorraine – Front Lobby, Garden Level  
3:00 **PRAYING THE ROSARY** – Interfaith Chapel, 3<sup>rd</sup> Floor  
3:15 **BAKING: Chocolate Covered Bananas with Kelly and Martina – 4<sup>th</sup> Floor, Kitchenette**  
3:45 **WATERCOLOR** with Lorraine – Garden Level, West Wing  
3:45 **HYMN SING** with Brooke – Auditorium, 3<sup>rd</sup> Floor  
6:15 **IC Speaker: Marella Feltrin-Morris: Venetian Dialect & The Culture of Veneto Region – Auditorium**  
7:30 **OPEN AA MEETING**, All are welcome including AL-ANON members – Interfaith Chapel, 3<sup>rd</sup> Floor



## Thursday – April 10<sup>th</sup>

- 9:00 **OPEN FITNESS** with Whitney – Exercise Room, 2<sup>nd</sup> Floor  
9:00 **NAILS** with Kelly – Garden Level, East Wing  
9:30 **COFFEE & CONVERSATION** with Pamela & Lorraine – Craft Room, 3<sup>rd</sup> Floor  
10:00 **EXERCISE** with Lorraine – Auditorium, 3<sup>rd</sup> Floor  
10:30 **LONGVIEW STORE** open until 11:30 a.m. – 3<sup>rd</sup> Floor  
10:45 **BEAN BAG TOSS** with Pam & Lorraine – 4<sup>th</sup> Floor, Fireplace Lounge  
10:45 **WHO AM I?** with Whitney – Garden Level, East Wing  
10:45 **CLAY CLASS** with Ed & Kelly – Craft Room, 3<sup>rd</sup> Floor  
12:45 **MUSIC** with Ben Hogben – Garden Level, Front Lobby  
1:15 **SPIRITUAL LIFE Video Lecture**, Great Courses Series on Genesis – Auditorium, 3<sup>rd</sup> Floor  
1:15 **BEAN BAG TOSS** with Whitney – Garden Level, East Wing  
1:30 **THIS WEEK IN HISTORY** with Kelly – 4<sup>th</sup> Floor, Fireplace Lounge  
1:30 **MUSIC** with Ben Hogben – 3<sup>rd</sup> Floor, Front Lobby

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## Thursday – April 10<sup>th</sup> Continued

- 2:00 **MOVIE MATINEE: Waitress (2007) – Garden Level, East Wing**  
2:15 **PLANT TALK** with John – Craft Room, 3<sup>rd</sup> Floor  
3:15 **JEOPARDY** with Whitney – 4<sup>th</sup> Floor, Fireplace Lounge  
3:45 **SHORT STORIES**, with Lorraine – Garden Level, West Wing

## Friday – April 11<sup>th</sup>

- 9:00 **OPEN SWIM** with Whitney – Pool, 2<sup>nd</sup> Floor  
9:00 **OPEN FITNESS** with Kelly – Exercise Room, 2<sup>nd</sup> Floor  
9:30 **BRAIN BUILDERS & BAKING** with IC Students – Garden Level, West Wing  
10:00 **EXERCISE** with Kelly – Auditorium, 3<sup>rd</sup> Floor  
10:30 **LONGVIEW STORE** open until 11:30 a.m. – 3<sup>rd</sup> Floor  
10:45 **COMMON PHRASES** with Whitney – 4<sup>th</sup> Floor, Fireplace Lounge  
11:00 **WRITING, READING, & DISCUSSIONS** with Jerry – Garden Level, Rehab Room  
1:30 **MOVEMENT & MUSIC** with Kelly – Garden Level, Rehab Room  
1:30 **ROMAN CATHOLIC STATIONS OF THE CROSS – Interfaith Chapel, 3<sup>rd</sup> Floor**  
2:00 **QUILTING GROUP**, All are Welcome – IC Classroom, 2<sup>nd</sup> Floor  
2:15 **ANIMAL TALK** with John – Craft Room, 3<sup>rd</sup> Floor  
2:15 **COLLAGE MAKING** with Kelly – Garden Level, West Wing  
3:00 **MUSICAL PERFORMANCE: Wayne Gottlieb and Alex Specker – Auditorium, 3<sup>rd</sup> Floor**  
3:30 **SHABBAT** with IC Hillel – Interfaith Chapel, 3<sup>rd</sup> Floor  
3:45 **GARDEN & ANIMAL TALK** with John – Garden Level, Rehab Room  
6:15 **PODCAST & DISCUSSION GROUP** with Emma – Craft Room, 3<sup>rd</sup> Floor

## Saturday – April 12<sup>th</sup> Passover Begins at Sundown

- 10:00 **SCATTERGORIES** with Maria – 4<sup>th</sup> Floor, Fireplace Lounge  
10:15 **LONGVIEW DISCUSSION GROUP** – Craft Room, 3<sup>rd</sup> Floor  
11:00 **MOVEMENT & MUSIC** with Maria – Garden Level, Rehab Room  
1:00 **TRIVIA** with Maria – Garden Level, East Wing  
1:45 **MOVIE MATINEE: A Complete Unknown (2024) – Garden Level, East Wing**  
2:15 **MOVIE MATINEE: A Complete Unknown (2024) – Auditorium, 3<sup>rd</sup> Floor**



Happy Passover!

Longview is encouraging all Residents to wear facemasks when they are feeling ill or have cold/flu like symptoms when they leave their living unit and move about the common spaces at Longview.

Questions/concerns regarding Recreation programs, contact Bree Nash in the Recreation Department at 607-375-6335.

### BEAUTY SALON

Please call Shaunna directly to schedule appointments at  
(607) 279-7543